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How to Buy Eco-Friendly Sex Toys

Create intimacy in your relationship, in a green way

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If you're a lover of planet earth, you may also be looking for green ways to treat you and your partner to some intimacy. As Valentine's Day approaches, consider these eco sex toy options for a spark of pleasure without the earthly damage.

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Eco-friendly Intimacy

So, how do you spot the greener sex toys in the shop? Check out these tips for a greener private life:

Eco-friendly sex toy materials: Look for options made of curvy glass, recycled plastic and metal, and natural rubber. For condoms, seek out natural latex.

Rechargeable batteries: If your sex toys are battery-powered, look for options that can use rechargeable batteries. This is an eco-friendly tip for any electronics even, and it will save you money in the long run!

Human- or solar-powered: Instead of relying on batteries, look for wind-up sex toys and gadgets powered by the sun to give a sustainable buzz. No plug-ins or replacement batteries needed!



Photocredit: Flickr / Wesley Fryer

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Healthier natural lube: Seek out lubricants that are made of ingredients like plant-based oils and scents. A good rule: if you can eat it, it's likely safer for your privates, too!



Go vegan: Believe it or not, many condoms, massage oils, and lubricants are made with animal byproducts and/or tested on animals. Look for vegan options to be kinder to our animal friends, too.

Choose organic: When shopping for massage oils and lubricants, try to find those made with certified organic ingredients.

What to Avoid in Sex Toy Shopping

Now that you know a bit about what's out there for green sex toys, consider the following list of no-gos if you're looking for a more natural, eco-friendly sexy scene:

Avoid foul-smelling plastic or rubbers. Avoid lubricants that contain petroleum, glycerin, parabens, preservatives, and other chemicals. Ensure any plastics you purchase are phthalate-free.

To complete your eco sex package, look for sustainable sheets and lingerie made of fabrics like organic cotton and bamboo. We hope these eco-friendly sex toy tips will help you foster a sex life that reflects the green lifestyle you practice in everything else!

About the Author:

Maryruth has been seeking the keys to environmental justice—both at home and at work—for over a decade. Growing up adjacent to wild spaces, Maryruth developed a healthy respect (and whimsical appreciation) for things non-human, but her practical mind constantly draws her down to earth to

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ponder tangible solutions to complex eco-problems. With interests that range from green living to green business, sustainable building designs to organic gardening practices, ecosystem restoration to environmental health, Maryruth has been exploring and writing about earth-matters for most of her life. Of special interest is the subject of ecopsychology and the role the natural world plays in the long-term health and well-being of humanity. You can learn more about Maryruth's work by [visiting her site](#).

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